

# WHAT'S FOR LUNCH?

## AUTUMN WEEK 8

|                                                                         | MONDAY                                                                                                                                                                                                                | TUESDAY                        | WEDNESDAY                               | THURSDAY                        | FRIDAY                                                                           |
|-------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|-----------------------------------------|---------------------------------|----------------------------------------------------------------------------------|
| MAIN (OPTION 1)                                                         | Macaroni cheese<br>GLUTEN(WHEAT) & MILK                                                                                                                                                                               | Honey Lemon Chicken            | Pizza Time 1<br>GLUTEN(WHEAT), MILK     | Beef Chilli<br>MILK DAIRY       | Fish of the Day<br>Baked Fish in creamy herb sauce<br>FISH, EGGS & GLUTEN(WHEAT) |
| MAIN (OPTION 2)                                                         | Roasted pepper pasta<br>GLUTEN(WHEAT), MILK                                                                                                                                                                           | Sweet & Sour Chickpeas<br>SOYA | Pizza Time 2<br>GLUTEN(WHEAT),          | Mixed Bean Chilli<br>DAIRY MILK | Bubble & Squeak Cake<br>DAIRY MILK                                               |
| SIDES<br>Where main includes, portion will be offered as optional extra | Grated Cheese<br>MILK                                                                                                                                                                                                 | New potatoes                   | Spicy Bulgar Wheat<br>GLUTEN(WHEAT)     | Vegetable Rice                  | Mash Potato<br>SULPHITE                                                          |
| VEGETABLES                                                              | Amazing Broccoli                                                                                                                                                                                                      | Seasonal vegetables            | Sweetcorn Pepper salsa<br>Crunchy Salad | Roasted Vegetables              | Minted Peas and Green Salad                                                      |
| EXTRAS                                                                  | Salad and Dressing and Plain Option with Vegetables Available Daily<br>Fresh Fruit and Greek Yoghurt with Honey or Fruit Compote Available Daily<br>Tuesday = Orange and Courgette Cake<br>EGGS, MILK & GLUTEN(WHEAT) |                                |                                         |                                 |                                                                                  |

Week Commencing: 19<sup>th</sup> October 2026

Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available and all Dietary or religious requirements can be catered for.