

WHAT'S FOR LUNCH?

**AUTUMN
WEEK 7**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Penne Marinara GLUTEN(WHEAT) & MILK	Spanish Chicken SULPHITES CELERY	Veg Quesadillas	Keema matar (Beef curry with peas) MUSTARD	Fish of the Day Breaded Goujons FISH, GLUTEN(WHEAT)
MAIN (OPTION 2)	Penne Pesto pasta GLUTEN(WHEAT) & MILK	Mediterranean Roasted Tofu Veg SULPHITES CELERY SOYA	Veg Quesadillas	Aloo Palak (Spinach and potato) Allergen Free Options	Vegan sausages SOY, GLUTEN (WHEAT)
SIDES Where main includes, portion will be offered as optional extra	Grated Cheese MILK	Moroccan spiced Bulgar wheat GLUTEN(WHEAT)	Tomato Pepper salsa	Basmati Rice	Skin on Chips, & Ketchup SULPHITE
VEGETABLES	Steamed Broccoli	Mixed salad and slaw	Sweetcorn	Seasonal Greens	Minted Peas Salad
EXTRAS	Salad and Dressing and Plain Option with Vegetables Available Daily Fresh Fruit and Greek Yoghurt with Honey or Fruit Compote Available Daily Wednesday = Fruity Flapjack GLUTEN(OATS) & MILK & SULPHITES				

Week Commencing: 12th October 2026

Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available and all Dietary or religious requirements can be catered for.